

Make a Sutton Hoo helmet!

The Sutton Hoo helmet is an extremely important Anglo-Saxon find. It's part of the Sutton Hoo burial which was discovered in Suffolk in 1939. The archaeologist Basil Brown uncovered a wooden long boat filled with treasures from a rich and powerful warrior, including this incredible helmet!

If you look closely, you'll see that it's covered with protective animals. Across the face is a bird with wings, its body forming the warrior's nose, the tail his moustache and the wings his eyebrows. The bird soars up to meet the jaws of a dragon plunging down! Can you spot any other animals?

Learn more about the Sutton Hoo helmet in **this video** with curator Dr Sue Brunning.

On the left is a replica (a copy) which shows what experts think the helmet would have originally looked like. On the right is the original which was carefully pieced together by British Museum curators.



Replica of the Sutton Hoo helmet, England, 1970s.

The Sutton Hoo helmet.
Late 6th–early 7th century AD.

Now it's time to make your own version!

You will need:

- Paper or card
- Scissors
- Glue or tape
- Decorating materials (we used tin foil, gold paint and cardboard)



- 1 Cut out the template – you can either use the one we made or make your own.

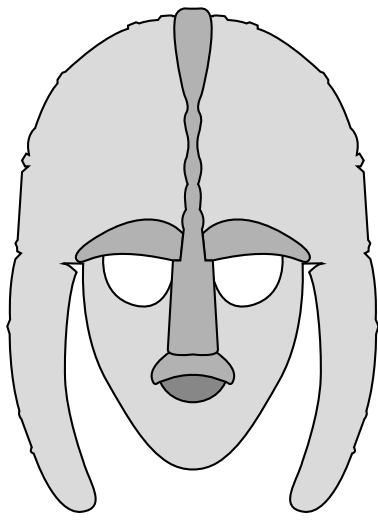
We cut out the template from cardboard to make the helmet extra strong.



- 2 Decorate the helmet and get creative with materials you have at home. We glued on materials we found in the recycling like cardboard and tin foil. Look closely at the replica for ideas of the animals and patterns you could include in your helmet.

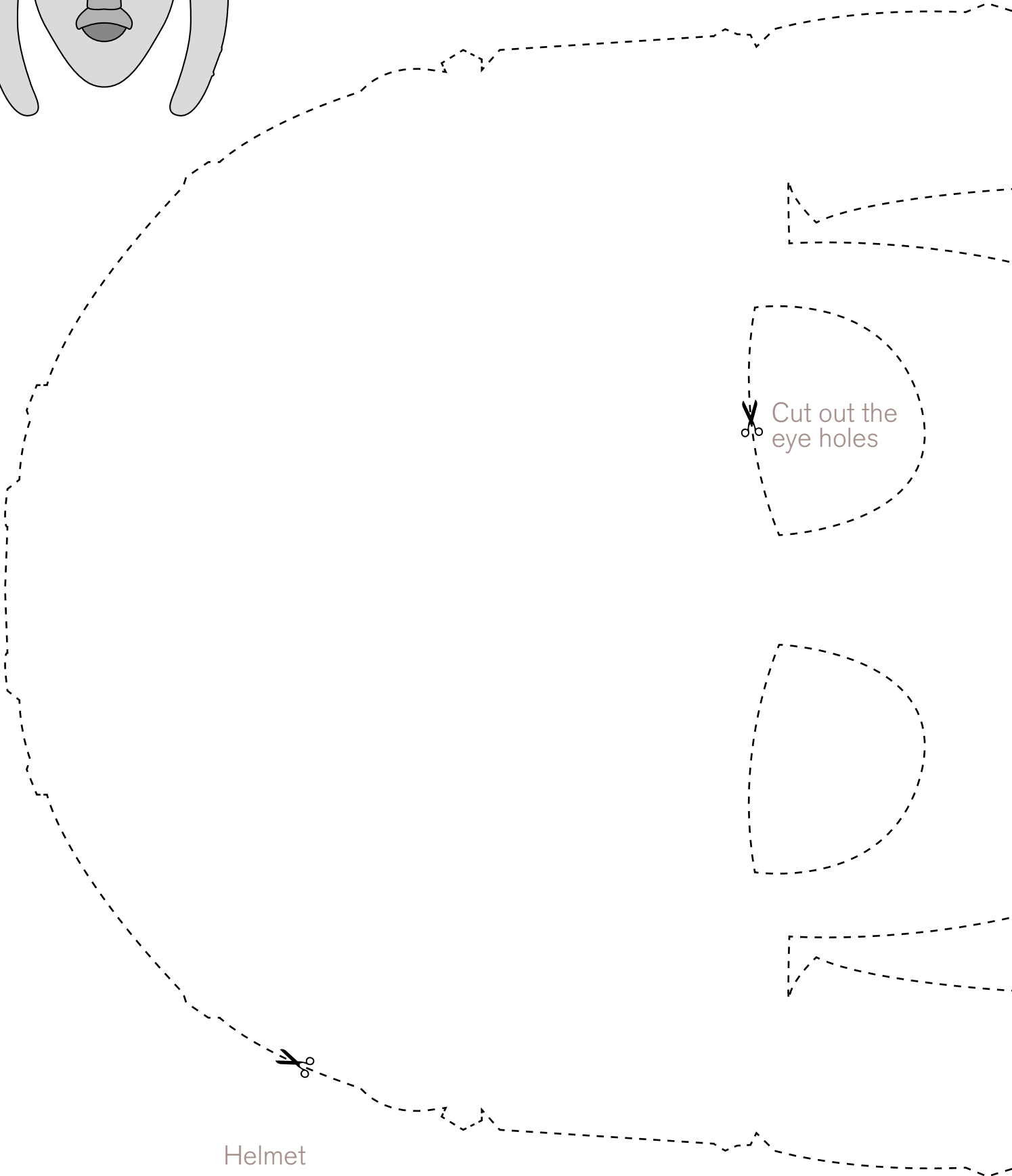


- 3 Measure out a headband which fits your head. Tape it to the back of the helmet and your creation is complete!



This is what the helmet will look like once you put all the parts together.

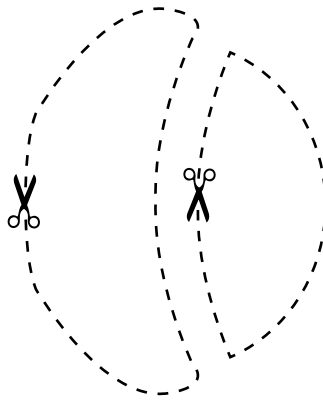
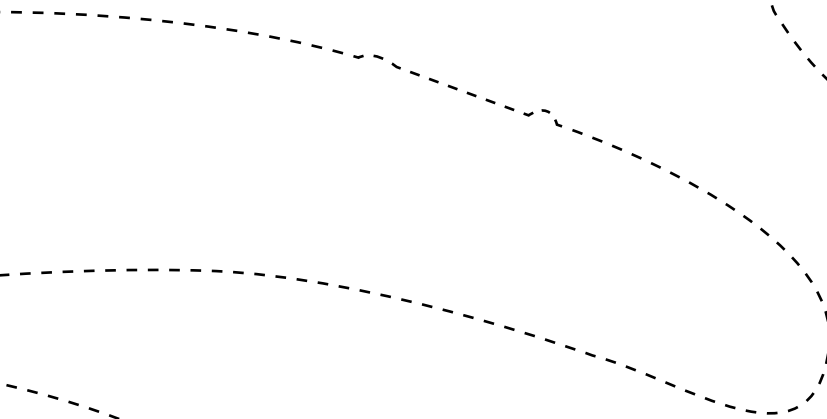
If you're using our template, makes sure to stick the two halves together.



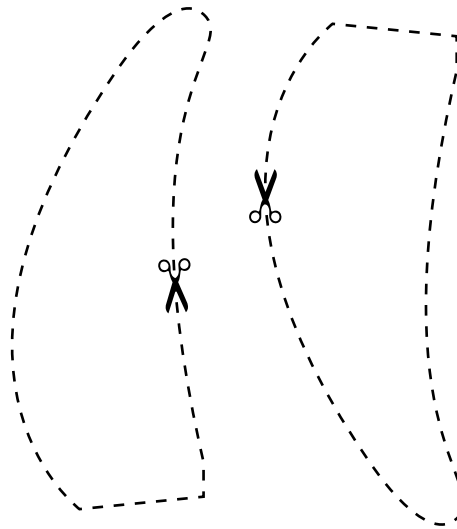
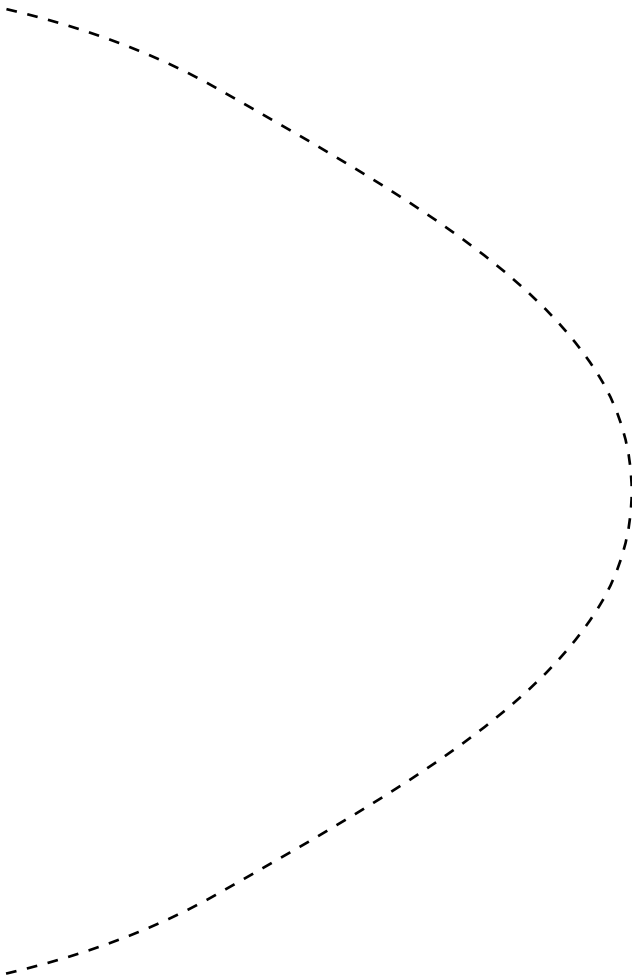
Cut out the eye holes

Helmet

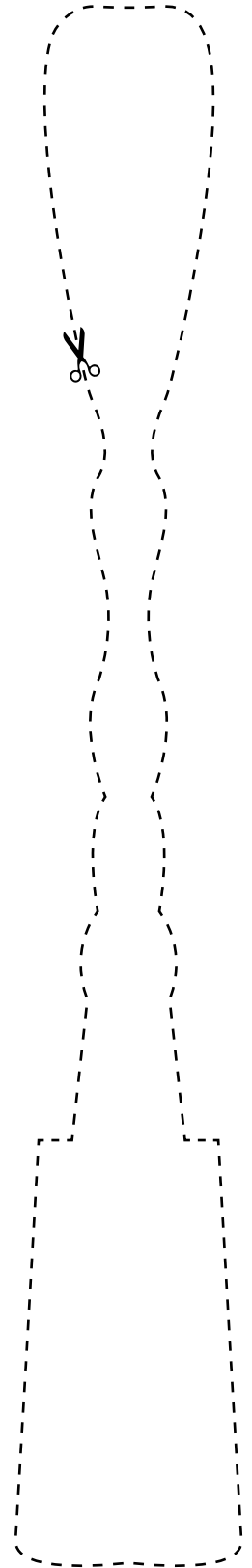
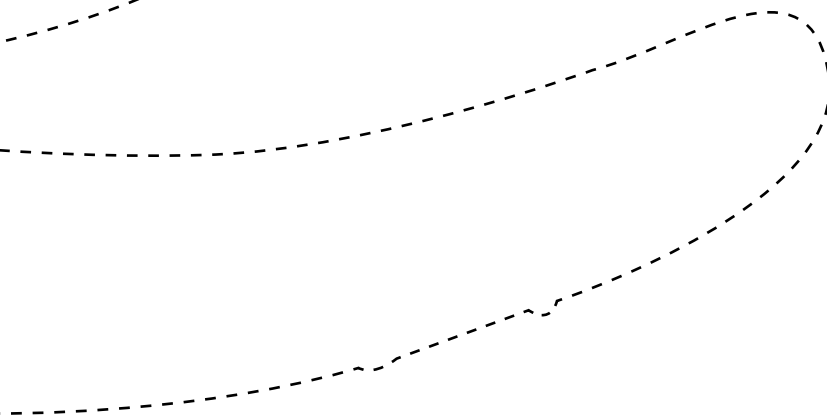
Helmet



Moustache
and lower lip



Left and right
eyebrows



Nose
guard