

Be ready

Get to know your maternity care coverage



Your first doctor visit

Seeing your Ob/Gyn? Your first visit to confirm your pregnancy is covered as a specialist office visit.



Routine care during your pregnancy

We cover your routine care visits throughout your pregnancy (prenatal and antepartum care).



These visits are bundled into a single charge and billed to us after the delivery. **Routine care includes:**

- The initial and future history
- Physical exams
 - Monthly visits up to 28 weeks' gestation
 - Biweekly visits to 36 weeks' gestation
 - Weekly visits until delivery
- Postpartum visit (about 45 days after delivery)
- Recording of weight
- Blood pressure readings
- Fetal heart tone monitoring
- Routine urinalysis



Pregnancy-related tests and services



We only cover tests and ultrasounds that monitor your baby's health and development. Review your plan benefits for testing.

These are the services we don't cover:

- Ultrasounds done only to determine the sex or to provide the parents with a view and photograph of the baby
- 3-D ultrasounds
- Paternity testing
- Lamaze classes

Know your coverage for childbirth



Delivering your baby

We cover the hospital stay for your delivery. We also cover the doctor who delivers your baby. Review your plan benefits for hospital stays.

The hospital you choose is responsible for contacting us when authorization is required.



Newborn coverage and enrollment

Your newborn coverage depends on the care services needed at birth. We cover newborn charges for standard, healthy deliveries. If a delivery involves complications, there may be a charge for any services needed for treatment.

Add your child to your health plan

If you have insurance through an employer, add the child to your health plan. Just notify your employer's human resources department. And be sure to do this within 30 days of delivering your newborn.

Check your breastfeeding coverage

See these related expenses to help care for your newborn.

Lactation consultant

Review your plan benefits for a lactation consultant.

Breast pumps

You may be able to buy a breast pump and supplies from one of our suppliers at no charge or at a discounted rate. Covered items may include:

- **A standard electric pump** (nonhospital grade) while you're pregnant or breastfeeding, once every three years
- **A manual breast pump** while pregnant or breastfeeding (this is if you've not received an electric or a manual breast pump in the last three years)
- **Another set of breast pump supplies** if you get pregnant again before you're eligible for a new pump

Check your plan to see which of these providers are in network:

Byram Healthcare: **1-877-902-9726**

Edwards Health Care Services: **1-888-344-3434**

Edgepark Medical Supplies: **1-800-321-0591**

Genadyne Biotechnologies (Lucina Care): **1-888-809-9750**

Yummy Mummy: **1-855-879-8669**

SunMED: **1-800-714-7434**

McKesson Patient Care Solutions: **1-888-220-5010**

Pumping Essentials: **1-866-688-4203**